

Prolonged COVID-19 Symptoms Resemble Post-Concussion Symptoms in Students and BrainSTEPS Can Help!

BrainSTEPS accepts referrals for students with prolonged symptoms from COVID-19 if symptoms impact learning and the student is at least 4 weeks post-COVID-19 diagnosis.



Common Post-Concussion and Common Prolonged COVID-19 Symptoms in Students Include:

- Headache
- Fatigue
- Sleep Difficulties
- Mood Changes
- Impaired Daily Function
- Difficulty thinking or concentrating (sometimes referred to as “brain fog”)
- Symptoms that get worse after physical or mental activities

Prolonged COVID-19 impacts a student’s ability to learn due to:

- **Symptoms** thought to be from the virus’s inflammatory process, and/or
- **Reduced oxygen to the brain** which causes damage to the brain.

BrainSTEPS provides school-based consultation and training related to a student’s cognitive deficits due to COVID-19. BrainSTEPS also supports students with other types and severities of Acquired Brain Injury, including Traumatic Brain Injuries and Non-Traumatic Brain Injuries.

Refer a student online at www.brainsteps.net

Questions? Contact:



Brenda Eagan-Johnson, EdD, CBIS-AP
BrainSTEPS State Director, Brain Injury School Consulting Program



(724) 944-6542



brenda@brainsteps.net